"Auraveda Wellness Therapies” are specially designed treatment modules aimed at

* Reducing physical and mental suffering
* Controlling several disabilities
* Repairing and rejuvenating worn out body tissues.
* Delaying the ageing process

Auraveda Therapies are designed scientifically by our panel of eminent doctors to provide you with the correct balance of diet, herbal treatment and yogic breathing to harmonise the *doshas* in your body with your environment.

Our aim is to extend your 'health span', providing an improved quality of life.

We believe that wellness therapy - a key to positive health - should be a part of your daily routine. Which is how we have designed our Wellness Membership programs for health seekers.